



MOTHER'S DAY DATA ON SMOKING MOMS AND RELATED HARMS

For many kids, Mother's Day means taking mom out to breakfast, giving her a gift, or just saying thanks. On this special day for moms, we should also remember that a terrific way to celebrate Mother's Day might be to pledge to give moms who currently smoke the kind of loving support, encouragement and information that could help them to be tobacco-free before Mother's Day next year.

In the United States, one in five adult women currently smoke, putting them at risk for heart attacks, strokes, lung cancer, emphysema and other life-threatening illnesses. Lung cancer is the leading cancer killer among women, and smoking is attributable for 90% of these deaths. Smoking also accounts for one of every five deaths from heart disease, the overall leading cause of death among women. When women quit smoking, they improve their own health as well as the health of the people around them. Mothers who give up smoking improve the likelihood that their children will grow-up to be tobacco-free and lead much longer and much healthier lives.

States	Smoking Rate Among Women	State Rank Women Smoking (1 = low)	Number of Women Smokers	Annual Women Smoking Deaths	Pregnant Women Smoking Rate	State Rank Pregnant Smoking (1 = low)	Pregnant Smokers Per Year	State Kids Who Have Already Lost Their Moms to Smoking	New Kids Who Lose Their Moms to Smoking Each Year	Taxes paid for SSSI Payments to Kids With Moms Lost to Smoking (millions/yr)	Total State Health Costs to Treat Female Smokers (millions/year)
United States	18.0%	--	21,137,000	153,900	10.2%	--	422,000	86,000	12,100	\$723.9	\$37.7 bill
Alabama	19.6%	35th	357,600	2,500	12.1%	22nd	7,200	1,600	230	\$10.29	\$515.62
Alaska	19.6%	35th	46,200	100	17.9%	39th	1,800	230	30	\$1.65	\$63.10
Arizona	16.3%	13th	372,500	2,400	6.3%	2nd	5,700	1,500	220	\$11.43	\$494.84
Arkansas	20.2%	39th	221,200	1,700	18.0%	41st	6,800	1,000	140	\$5.59	\$294.43
California	10.6%	2nd	1,439,600	15,300	NA	NA	NA	8,600	1,200	\$82.55	\$3,711.30
Colorado	17.6%	22nd	315,100	1,700	8.5%	12th	5,800	1,000	150	\$11.05	\$521.07
Connecticut	14.4%	4th	201,400	2,100	7.0%	4th	2,900	840	110	\$12.07	\$727.91
Delaware	20.3%	40th	68,900	400	12.9%	27th	1,400	250	30	\$2.41	\$113.02
Washington, DC	15.6%	9th	39,300	200	3.9%	1st	200	200	20	\$2.16	\$94.33
Florida	17.5%	21st	1,267,600	11,200	8.6%	14th	18,200	5,600	790	\$34.29	\$2,482.97
Georgia	17.6%	22nd	625,000	3,600	7.9%	8th	10,700	2,800	400	\$20.32	\$805.02
Hawaii	14.3%	3rd	71,200	300	7.1%	6th	1,200	300	40	\$3.18	\$101.84
Idaho	17.4%	20th	93,300	500	10.5%	19th	2,200	360	50	\$2.79	\$115.57
Illinois	18.3%	25th	904,600	6,500	10.1%	17th	18,400	3,400	480	\$35.56	\$1,594.26
Indiana	22.5%	46th	547,600	3,700	19.1%	44th	16,500	1,800	260	\$16.51	\$810.60
Iowa	18.4%	26th	214,000	1,500	16.5%	35th	6,300	640	90	\$7.62	\$355.69
Kansas	17.1%	19th	180,100	1,400	12.7%	26th	5,000	670	90	\$7.24	\$335.42
Kentucky	27.7%	51st	459,200	2,800	24.4%	49th	13,400	1,400	190	\$8.89	\$560.72
Louisiana	19.2%	30th	320,400	2,300	10.0%	15th	6,500	1,900	270	\$8.76	\$530.23
Maine	19.3%	31st	103,900	900	17.1%	36th	2,300	320	40	\$2.79	\$250.86
Maryland	15.9%	12th	355,000	2,800	8.1%	9th	6,000	1,700	250	\$15.24	\$823.96
Massachusetts	15.5%	8th	404,800	3,900	8.1%	9th	6,500	1,400	200	\$19.05	\$1,562.71
Michigan	19.0%	29th	744,200	5,700	15.1%	33rd	19,700	3,000	430	\$29.21	\$1,335.00

Mother's Day Smoking Data / 2

States	Smoking Rate Among Women	State Rank Women Smoking (1 = low)	Number of Women Smokers	Annual Women Smoking Deaths	Pregnant Women Smoking Rate	State Rank Pregnant Smoking (1 = low)	Pregnant Smokers Per Year	State Kids Who Have Already Lost Their Moms to Smoking	New Kids Who Lose Their Moms to Smoking Each Year	Taxes paid for SSSI Payments to Kids With Moms Lost to Smoking (millions/yr)	Total State Health Costs to Treat Female Smokers (millions/year)
Minnesota	14.7%	5th	291,600	2,100	10.5%	19th	7,300	970	130	\$15.24	\$789.87
Mississippi	20.4%	41st	230,300	1,500	12.1%	22nd	5,100	1,300	180	\$5.59	\$233.18
Missouri	23.2%	48th	532,600	3,800	18.2%	43rd	14,000	2,000	290	\$13.97	\$836.56
Montana	19.3%	31st	70,600	500	19.1%	44th	2,100	300	40	\$1.91	\$107.08
Nebraska	16.8%	16th	113,200	800	14.1%	31st	3,600	420	50	\$4.32	\$190.14
Nevada	19.5%	33rd	178,800	1,300	10.0%	15th	3,300	660	90	\$4.45	\$236.49
New Hampshire	18.6%	27th	96,800	700	14.0%	30th	2,000	300	40	\$3.81	\$242.03
New Jersey	15.2%	7th	523,000	4,600	8.5%	12th	9,800	2,200	310	\$29.21	\$1,314.48
New Mexico	18.1%	24th	133,900	800	10.1%	17th	2,800	670	90	\$3.56	\$180.02
New York	16.5%	15th	1,278,100	11,000	8.1%	9th	20,500	4,600	650	\$57.15	\$3,545.79
North Carolina	20.7%	42nd	717,300	4,300	13.2%	29th	15,600	2,500	360	\$20.32	\$896.46
North Dakota	19.7%	38th	48,400	200	17.4%	38th	1,300	150	20	\$1.40	\$74.89
Ohio	22.0%	45th	995,600	7,300	17.9%	39th	27,200	2,800	400	\$27.94	\$1,722.77
Oklahoma	23.8%	49th	328,100	2,200	18.1%	42nd	9,100	1,300	180	\$6.35	\$449.48
Oregon	14.9%	6th	215,000	2,000	12.4%	25th	5,700	1,000	140	\$8.89	\$456.08
Pennsylvania	21.1%	43rd	1,059,900	7,900	15.6%	34th	21,900	3,200	450	\$34.29	\$2,062.14
Rhode Island	16.3%	13th	71,000	700	12.1%	22nd	1,500	250	30	\$2.92	\$216.82
South Carolina	18.7%	28th	319,700	2,000	13.0%	28th	7,200	1,500	220	\$9.40	\$376.44
South Dakota	19.6%	35th	58,100	300	19.3%	46th	2,100	260	30	\$1.65	\$83.88
Tennessee	22.9%	47th	545,700	3,400	17.1%	36th	13,400	2,300	320	\$13.97	\$777.68
Texas	16.9%	18th	1,456,400	8,900	6.3%	2nd	24,000	7,100	1,000	\$45.72	\$2,150.81
Utah	8.0%	1st	70,600	300	7.0%	4th	3,400	460	60	\$4.95	\$99.81
Vermont	15.8%	11th	39,700	300	20.1%	47th	1,300	150	20	\$1.52	\$91.51
Virginia	16.8%	16th	504,500	3,600	7.5%	7th	7,500	1,900	270	\$19.05	\$815.17
Washington	15.7%	10th	386,600	3,100	12.0%	21st	9,600	1,500	220	\$16.51	\$808.65
West Virginia	25.4%	50th	187,400	1,500	26.2%	50th	5,400	620	80	\$3.68	\$270.79
Wisconsin	19.5%	33rd	420,200	2,800	14.9%	32nd	10,400	1,100	160	\$15.24	\$775.26
Wyoming	21.4%	44th	41,600	200	20.7%	48th	1,300	170	20	\$1.27	\$53.52
United States	18.0%	--	21,137,000	153,900	10.2%	--	422,000	86,000	12,100	\$723.9	\$37.7 bill

Women = 18 years and older. Kids = Less than 18 years old.

Sources: State-specific smoking rates, 2007 Behavioral Risk Factor Surveillance System (BRFSS). National: 2006 National Health Interview Survey (NHIS). U.S. Bureau of Census, 2006 population estimates used to compute number of women smokers. Annual smoking deaths from the CDC's STATE System (average annual deaths from 1997-2001). Pregnant women smoking rate Martin, JA, et al., "Births: Final data for 2004," *National vital statistics reports* 55(1), Hyattsville, MD: National Center for Health Statistics, 2006, http://www.cdc.gov/nchs/data/nvsr/nvsr55/nvsr55_01.pdf. Births: Preliminary Data for 2004. State-specific: 2002, CDC, "Smoking During Pregnancy – United States, 1990-2002," *MMWR* 53(39): 911-15, October 8, 2004. Leistikow, B, et al., "Estimates of Smoking-Attributable Deaths at Ages 15-54, Motherless or Fatherless Youths, and Resulting Social Security Costs in the United States in 1994," *Preventive Medicine* 30(5): 353-360, May 2000, and state-specific data provided by the author. Costs: CDC, *Sustaining State Programs for Tobacco Control: Data Highlights* 2006, http://www.cdc.gov/tobacco/data_statistics/state_data/data_highlights/2006/index.htm.