

# Former firefighter Gary quit tobacco!

*“To reward myself, I  
managed to buy a  
new pickup.”*



**And you can, too!**

# FREE or reduced-cost cessation medications

*Wyoming*  
**QUIT**   
**TOBACCO  
PROGRAM**  
**1-877-WYO-QUIT**  
(toll free 1-877-996-7848)

## FREE counseling

**Wyoming Quitline:**  
**1-866-WYO-QUIT**

**Wyoming QuitNet<sup>®</sup>:**  
**[wy.quitnet.com](http://wy.quitnet.com)**



Sponsored by the Wyoming Department of Health,  
Substance Abuse Division.