

64I-4.005 Smoking Cessation Program Designations.

(1) If a smoking cessation program is conducted within an enclosed indoor workplace and requires smoking during its sessions, the department must approve the program in order to permit smoking within an enclosed indoor workplace.

(2) Those smoking cessation programs, which desire to seek such approval, must apply to the department and comply with the following requirements:

(a) The program provides a minimum of four sessions. Sessions may be conducted with individuals or groups. These sessions shall include the following topics:

1. Establishing reasons for quitting;
2. Various techniques for quitting and remaining a non-smoker;
3. Overcoming the problems of quitting, i.e., withdrawal symptoms;
4. Short-term goal setting;
5. Setting a quit date; and
6. Relapse prevention information.

(b) The program operates under a written program or service outline. This outline shall include:

1. Overview of the program or service;
2. Objectives and key topics covered;
3. General counseling strategies; and
4. Clearly stated process of evaluation.

(c) The program employs counselors who have training and experience in smoking cessation.

(d) The program utilizes an evaluation process as set out in a written program or service outline.

(e) If smoking is permitted in any area, the area must be designated as such and comply with signage requirements under Section 386.206(4), F.S.

(f) Such designated areas must exhaust tobacco smoke directly to the outside and away from air intake ducts, and be maintained under negative pressure, with respect to surrounding spaces to contain tobacco smoke within the designated area.

Specific Authority 386.207, 386.2125 FS. Law Implemented 386.2045(5), 386.206(4), 386.207 FS. History--New 8-16-04, Formerly 64E-25.005.