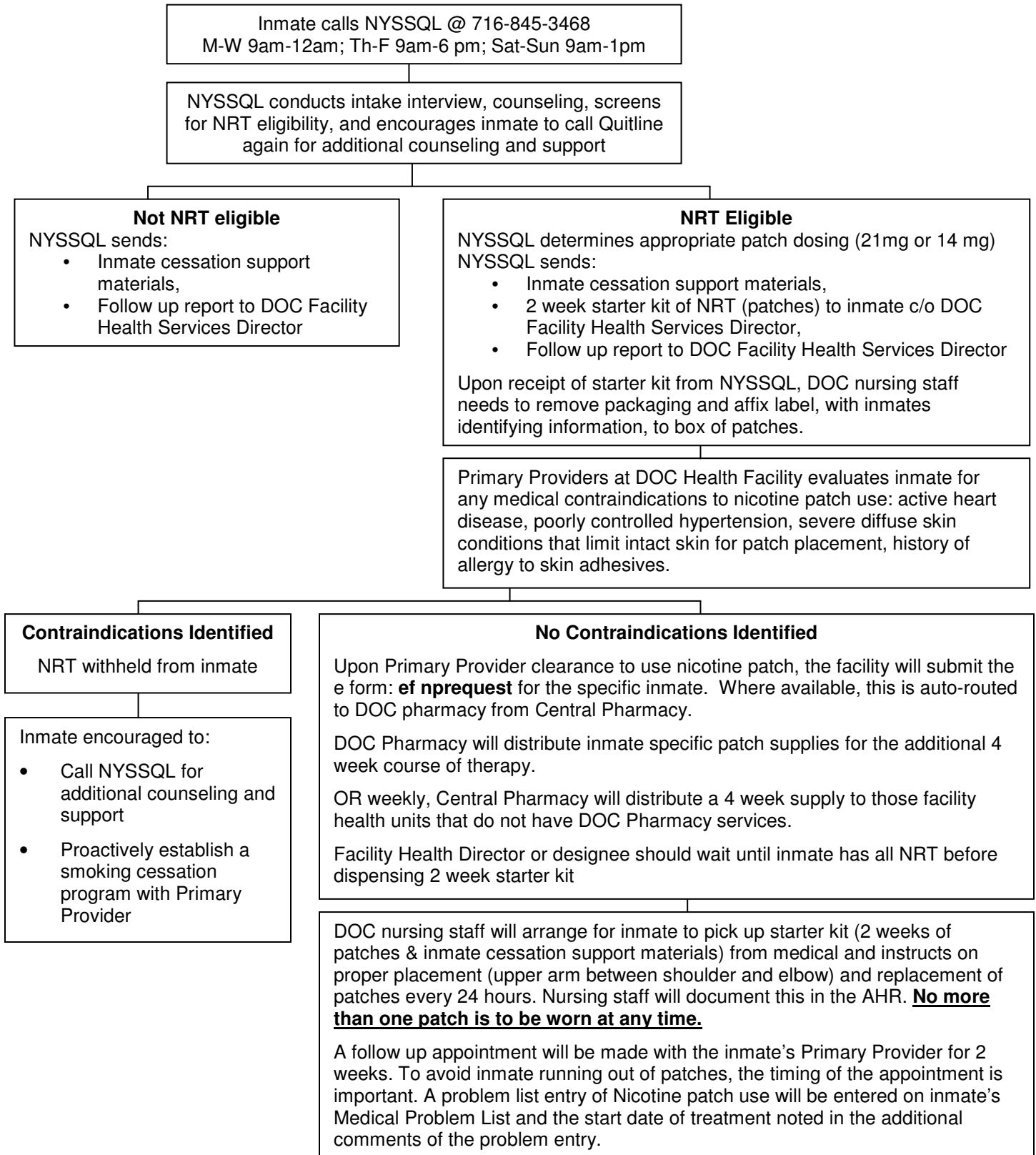


NYS Smokers' Quitline (NYSSQL) & DOC Inmate Cessation Services Protocol

Updated 10-06-09



NYS Smokers' Quitline (NYSSQL) & DOC Inmate Cessation Services Protocol

Updated 10-06-09

No Contraindications Identified Protocol continued

A course of therapy is 6 weeks; administered in 2 week intervals.

Obtain a smoking history for dosing:

Less than 10 cig per day or weight under 100 lbs:

- 2 weeks of 14 mg/24 hour patch
- 2 weeks of 14 mg/24 hour patch
- 2 weeks of 14 mg/24 hour patch

Greater than 10 cig per day:

- 2 weeks of 21 mg/24 hour patch
- 2 weeks of 21 mg/24 hour patch
- 2 weeks of 14 mg/24 hour patch

The Primary Provider meets with the inmate at the end of the 2 week period to review smoking cessation efforts to date and encourage continuation.

If the Primary Provider feels it appropriate, an additional 2 weeks of patches will be released to the inmate. Providers may choose to follow up with inmate using patches more frequently, but not less than indicated here.

DOC nursing staff will arrange for inmate to pick up next 2 weeks of patches from medical and instruct on proper placement (upper arm between shoulder and elbow) and replacement of patches every 24 hours. Nursing staff will document this in the AHR. **No more than one patch is to be worn at any time.**

The Primary Provider meets with the inmate at the end of the 2 week period (4 weeks into the program) again to review smoking cessation efforts and encourage continuation.

If the Primary Provider feels it appropriate, the final 2 weeks of patches will be released to the inmate. Providers may choose to follow up with inmate using patches more frequently, but not less than indicated here.

DOC nursing staff will arrange for inmate to pick up final 2 weeks of patches from medical and instruct on proper placement (upper arm between shoulder and elbow) and replacement of patches every 24 hours. Nursing staff will document this in the AHR. **No more than one patch is to be worn at any time.**

Any inmate who fails the program or withdraws will not be eligible for another trial of patches from NYSSQL or DOC Health Facility for one year; this can be tracked by the DOC problem list entry or NYSSQL intake date