

Tobacco-free Schools Best Practices – Evaluation/Monitoring

CDC's Guidelines for School Health Programs to Prevent Tobacco Use and Addiction

<http://www.cdc.gov/healthyyouth/tobacco/guidelines/index.htm>

Recommendation 7: Assess the tobacco-use prevention program at regular intervals.

Local school boards and administrators can use the following evaluation questions to assess whether their programs are consistent with CDC's Guidelines for School Health Programs to Prevent Tobacco Use and Addiction. Personnel in federal, state, and local education and health agencies also can use these questions to a) assess whether schools in their jurisdiction are providing effective education to prevent tobacco use and b) identify schools that would benefit from additional training, resources, or technical assistance. The following questions can serve as a guide for assessing program effectiveness:

1. Do schools have a comprehensive policy on tobacco use, and is it implemented and enforced as written?
2. Does the tobacco education program foster the necessary knowledge, attitudes, and skills to prevent tobacco use?
3. Is education to prevent tobacco use provided, as planned, in kindergarten through 12th grade, with special emphasis during junior high or middle school?
4. Is in-service training provided, as planned, for educators responsible for implementing tobacco-use prevention?
5. Are parents or families, teachers, students, school health personnel, school administrators, and appropriate community representatives involved in planning, implementing, and assessing programs and policies to prevent tobacco use?
6. Does the tobacco-use prevention program encourage and support cessation efforts by students and all school staff who use tobacco?

States' Guides

Alabama

<http://www.adph.org/tpts/Default.asp?id=1813>

Colorado

<http://www.rmc.org/colorado-tobacco-free-schools-policy-checklist-toolkit/>

Kentucky

<http://chfs.ky.gov/NR/rdonlyres/B0EC92F3-79FE-4309-99ED-B5EBCC763FCC/0/TobaccoFreeSchoolPolicy.pdf>

Maine

<http://www.tobaccofreemaine.org/channels/educators/documents/SchoolPolicy.pdf>

Michigan

<http://www.preventionnetwork.org/24-7%20Tobacco%20pieces.htm>

North Carolina

<http://www.tobaccofreeschoolsnc.com/>

North Dakota

<http://www.ndhealth.gov/tobacco/Schools.htm>

Oklahoma

<http://www.ok.gov/strongandhealthy/documents/247tobaccofreeschoolspolicyguidefinaldraft.pdf>

Oregon

“School Tobacco Policies,” Oregon Department of Human Services, Health Services, Tobacco and Education Program.

South Carolina

http://www.scdhec.net/health/chcdp/tobacco/docs/Schoolbookfullcolor_2ndedconsecutive.pdf