

## **Karen Girard, MPA**

Karen Girard is the Health Promotion Manager in the Health Promotion and Chronic Disease Prevention section of the Oregon Public Health Division. Health Promotion includes the Tobacco Prevention and Education Program, and the Physical Activity and Nutrition Program. She received her master's degree from Portland State University in public health administration and her bachelor's degree from Willamette University in International Studies. Since 1995, she has worked in public health to change policy and systems to improve the public's health in immunization, asthma, tobacco control, physical activity and nutrition, and chronic disease self-management.